

How To Calculate Your Personal Month



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Numerology observes various cycles in our lives. These cycles can be short, medium or long in length. It's important that we understand the various cycles that are affecting us.

The personal months run from 1-9 and they each have a theme associated with them that offer us clues on how to navigate our way through them.

To calculate your personal month, you simply need to add the actual month to your personal year.

Step 1: Determine your personal year.

Example:

2020 = 2+0+2+0=4 (2020 is a 4 universal year)

Now add the universal year to your reduced month and your reduced day of birth.

March = 3 (your reduced month of birth)

27th day = 2+7=9 (your reduced day of birth)

2020= 2+0+2+0=4 (universal year)

3+9+4=16 1+6=7 | You are in a 7 personal year.

Another example:

October = 10 1+0=1 (your reduced month of birth)

23rd day = 2+3=5 (your reduced day of birth)

2020= 2+0+2+0=4 (universal year)

1+5+4=10 1+0=1 | You are in a 1 personal year

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Step 2: Add your personal year to the month in question to determine your personal month.

Example: If you are in a personal year of 7 and want to know how the month of August will be, simply add 7 (personal year) to 8 (August) =15. $1+5=6$. You are in a 6 personal month.

See the list starting on the next page for explanation of each personal month.

For further explanation check out my video “How Important are Your Personal Months?”

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Personal Month 1

New beginnings, fresh starts, creativity, leadership, action, the focus should be on you. This is a high energy month.

Personal Month 2

Patience, partnership, collaboration, team work, diplomacy, the focus should be on relationships rather than just on you this month. Lower energy than last month. A time to compromise.

Personal Month 3

Creative, social, thought provoking, energetic, a time to express yourself with sensitivity. This can be a bit of a scattered energy as you gather ideas to explore in the future. Lighter energy.

Personal Month 4

Focused, foundational, work oriented, attention to details, a time to create a plan, systematic, disciplined. Focus on a plan for expansion next year. Be patient as you overcome obstacles.

Personal Month 5

Change, unexpected events, a need to be flexible, adaptable, resilient to change. Freedom. Great month for travel but be prepared for delays.

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Personal Month 6

Domestic responsibility will be the focus this month. A need for balance. Family issues can arise or issues related to your physical home that need to be addressed.

Personal Month 7

A need for peace and quiet. A time for reflection and spiritual connection. Not a great month to make big decisions as you are busy thinking about your next move. Introspective.

Personal Month 8

An action month with a focus on your finances and personal power. A great month to step back into your power and to get a handle on your finances. Material rewards and freedom.

Personal Month 9

A month of endings, releasing and letting go. Making room for the next cycle. Focus on humanitarian efforts. Connecting to the environment. Finishing what you have started.